Institutional brochure:
meet the EFP

Periodontal health for a better life
Facts and figures of the EFP

AWARDS

EFP Eminence in Periodontology Award
2015 Gianfranco Carnevale (Italy)
2014 Ubele van der Velden (Netherlands)

EFP Distinguished Service Award
2019 Michel Breux (Belgium)
2018 Stefan Renvert (Sweden)
2017 Uros Skaleric (Slovenia)
2016 Edwin Winkel (Netherlands)
2015 David Hillam (United Kingdom)
2014 Jean-Louis Giovannoli (France)
2013 Pierre Baehni (Switzerland)

EFP Distinguished Scientist Award
2019 Giovan Paolo Pini Prato (Italy)
2018 Jan Wennström (Sweden)
2017 Mike Curtis (United Kingdom)
2016 Mogens Kilian (Denmark)
2015 Thorkild Karring (Denmark)
2014 Niklaus Lang (Switzerland)
2013 Jan Lindhe (Sweden)

EFP Awards
Welcome to the EFP - find out about gum health

‘PERIODONTAL HEALTH FOR A BETTER LIFE’ IS THE EFP’S STRATEGIC VISION WHICH IT SHARES WITH ITS AFFILIATED SOCIETIES, PARTNERS, AND ALLIES

KEY TO PUBLIC HEALTH

Periodontology is a key force in modern dentistry: its science, its impact on research and training, and its role as a specialist clinical practice make it a foundation stone for oral health and oral-healthcare provision. Most importantly, the interaction between gum health and overall health means that periodontology plays a vital role in public health.

Science & research Education & training Health & wellbeing

Science & research. Education & training. Health & wellbeing. These three areas define the space occupied by the EFP and our place in healthcare. They underpin our relationships with our stakeholders to enhance clinical practice and scientific knowledge, and thereby improve the health and quality of life of the population. The EFP aims to serve periodontists and the dental community, but above all to serve the public interest.
EFP, a key player in periodontology

**USING SCIENCE TO RAISE AWARENESS**

The European Federation of Periodontology, or EFP, is a non-profit association that brings together 37 national scientific societies of periodontology from all over the world. The EFP is the leading global voice in periodontal science and practice and in implant dentistry. It focuses on raising awareness and fostering knowledge and education about gum health in order to tackle periodontal and peri-implant diseases and to improve overall health and public health. Its motto is ‘Periodontal health for a better life’.

Founded in 1991, today the EFP represents more than 16,000 periodontists, dentists, researchers, and other professionals involved in gum health in Europe, North and South America, northern Africa, the Middle East, and the Asia-Pacific region.

The EFP is responsible for:
- major events such as EuroPerio, Gum Health Day, Perio Workshop, and Perio Master Clinic;
- EFP-accredited postgraduate programmes in periodontology being taught in 17 universities;
- prestigious periodontal publications including the JCP, the JCP Digest, and Perio Insight;
- the website www.efp.org and the EFP app;
- a monthly email newsletter; and
- social media pages on Facebook, LinkedIn, Twitter, YouTube, and Instagram.

Our special projects

**Oral Health & Pregnancy**

*Site:* oralhealthandpregnancy.efp.org
*Launch:* 2017
*Focus:* impact of gum health and oral health on pregnant women
*Core content:* reports, infographics, videos, animation, brochures, guidelines
*Sponsor:* Oral-B
*Dissemination:* 18 affiliated societies joined, animation available in eight languages

**Perio & Caries**

*Site:* perioandcaries.efp.org
*Launch:* 2017
*Focus:* interactions between gum disease and tooth decay
*Core content:* report, infographic, videos, brochures
*Scientific base:* outcomes from Perio Workshop 2016, jointly organised with ORCA (European Organisation for Caries Research) in La Granja, Spain in November 2016
*Sponsor:* Colgate
*Dissemination:* 26 affiliated societies joined

**Perio & Diabetes**

*Site:* perioanddiabetes.efp.org
*Launch:* 2018
*Focus:* interactions between gum disease and diabetes
*Core content:* reports, infographics, animation, recommendations, brochures
*Scientific base:* outcomes from Perio-Diabetes Workshop, jointly organised with IDF (International Diabetes Federation) in Madrid in February 2017
*Sponsor:* Sunstar
*Dissemination:* global, animation available in seven languages

**Perio & Cardio**

*Site:* perioandcardio.efp.org
*Launch:* 2020
*Focus:* interactions between gum disease and cardiovascular disease
*Core content:* infographics, animation, brochures
*Scientific base:* outcomes from Perio & Cardio Workshop, jointly organised with WHF (World Heart Federation) in Madrid in February 2019
*Sponsor:* Dentaid
*Dissemination:* global, through EFP-affiliated societies

**New Classification**

*Address:* www.efp.org/publications/projects/new-classification/
*Launch:* 2018
*Focus:* new classification of periodontal and peri-implant diseases and conditions
*Core content:* reports, guidance notes, videos, presentations
*Scientific base:* outcomes from World Perio Workshop, jointly organised with AAP (American Academy of Periodontology) in Chicago in November 2017
*Dissemination:* global, through EFP-affiliated societies
The European Federation of Periodontology and its 37 affiliated societies work together to promote and provide information about periodontology and implant dentistry. We encourage the development of periodontal science and research, and focus on spreading knowledge to improve the population’s health and wellbeing. This makes the EFP – with its more than 16,000 periodontists, dentists, and other dental professionals – a meeting place and a catalyst for the development of periodontology and the promotion of health. Our strategic vision, ‘Periodontal health for a better life’, encourages us to ensure that periodontology reaches everyone. We have a particular focus on younger periodontists and students, who will lead the multidisciplinary future, using evidence-based science to improve people’s quality of life.

The members of the executive and other EFP committees have ensured that we can look confidently towards our 30th anniversary in 2021 with the tools and skills in place to face the challenges that lie ahead.
37 national scientific societies join forces to promote gum health globally

Perio for a better life

EFP-affiliated societies

Full members:

Associate members:

International associate members:
Our initiatives

EUROPERIO AND MORE

EuroPerio, Gum Health Day, Perio Workshop, and Perio Master Clinic are the four major events through which the EFP leads the global conversation in periodontology and implant dentistry, and promotes the excellence and dissemination of evidence-based periodontal science and clinical practice.

EuroPerio, the world’s most important congress for periodontology and implant dentistry

Gum Health Day, the global awareness initiative on the importance of healthy gums

Perio Master Clinic, the conference devoted to improving clinicians’ training and expertise, with a distinct hands-on approach

Perio Workshop, the annual scientific meeting of leading experts in periodontal science

Our publications

The EFP’s flagship publication is the monthly Journal of Clinical Periodontology (or JCP), considered to be the benchmark scientific journal in periodontal research. With an impact factor of 4.164, it provides up-to-date, evidence-based knowledge to periodontal scientists, teachers, students, and researchers.

Since 2014, the EFP has published JCP Digest, an easy-to-read summary of the scientific articles published in the JCP. Aimed at busy clinicians in dental practices, JCP Digest is available in eight languages: Croatian, English, French, German, Hebrew, Italian, Portuguese, and Spanish.

Launched in 2016, Perio Insight is a quarterly scientific magazine devoted to trends, in-depth analysis, and debates in which experts discuss important and controversial topics in periodontology and implant dentistry.

Updated in 2018, the Dossier on periodontal disease provides periodontists and other dental professionals with statistics, information, and insight about gum disease, its causes and consequences, and its prevention, diagnosis, and treatment.

The EFP Manifesto “Perio and General Health” is a call to action for periodontists, dentists, and other health professionals to consider gum health as an integral part of general health and public health.

Launched in 2019, Perio Review is an annual report on the main initiatives and projects organised by the EFP over the previous year. This replaces the bulletin EFP News.
Our initiatives

EuroPerio - the world's leading congress in periodontology & implant dentistry

EuroPerio is the EFP’s triennial scientific congress, established in 1994, which has become the biggest and most important event in the world dentistry.

The high-quality and diverse line-up of speakers at the EuroPerio congresses helps set the scientific and clinical agenda every three years. Delegates also benefit from a substantial exhibition, with wide industry participation.

The most recent congress, EuroPerio9 in Amsterdam in June 2018, attracted more than 10,000 participants. EuroPerio 10 takes place in Copenhagen in June 2021.
Gum Health Day - the global awareness initiative promoting healthy gums

**CELEBRATE 12 MAY**

Gum Health Day is an annual awareness initiative taking place around the world on 12 May. It raises the visibility of periodontology and gum health among the general public by encouraging people to find out how healthy gums have a positive effect on their overall health, aesthetics, and quality of life. Born in 2014 in Spain, today it is a global day promoting the cause of healthy gums, and is also supported by national periodontal societies who are not EFP members.

<table>
<thead>
<tr>
<th>Year</th>
<th>Title</th>
<th>Slogan</th>
<th>Coordinator</th>
<th>National Societies Joined</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014</td>
<td>European Day of Periodontology</td>
<td>‘Association between periodontal disease and systemic conditions’</td>
<td>Co-ordinator: Filippo Graziani</td>
<td>1</td>
</tr>
<tr>
<td>2015</td>
<td>European Periodontology Day</td>
<td>‘Gum health links with oral and general health’</td>
<td>Co-ordinator: Xavier Struijfs</td>
<td>4</td>
</tr>
<tr>
<td>2016</td>
<td>European Periodontology Day</td>
<td>‘Healthy gums for a better life’</td>
<td>Co-ordinator: Filippo Graziani</td>
<td>21</td>
</tr>
<tr>
<td>2017</td>
<td>European Gum Health Day</td>
<td>‘Fighting periodontal disease together’</td>
<td>Co-ordinator: Andreas Stavropoulos</td>
<td>27</td>
</tr>
<tr>
<td>2018</td>
<td>European Gum Health Day</td>
<td>‘Health begins with healthy gums’</td>
<td>Co-ordinator: Xavier Struijfs</td>
<td>41</td>
</tr>
<tr>
<td>2019</td>
<td>Gum Health Day</td>
<td>‘Healthy gums, beautiful smile’</td>
<td>Co-ordinator: Lior Shapiro</td>
<td>47</td>
</tr>
<tr>
<td>2020</td>
<td>Gum Health Day</td>
<td>‘Say no to bleeding gums’</td>
<td>Co-ordinator: Andreas Stavropoulos</td>
<td>47</td>
</tr>
</tbody>
</table>
Our initiatives

Perio Master Clinic - the conference for clinicians

Perio Master Clinic is the EFP-organised meeting focused on periodontal clinicians’ training and expertise. With its distinct hands-on approach, it is the premier forum for the promotion of clinical excellence in dealing with emerging challenges for practitioners. Perio Master Clinic is now a global event, with the 2019 edition having taken place in Hong Kong and a future edition planned to take place in South America.

Perio Master Clinic 2014, Paris
Peri-implant plastic and reconstructive surgery
Chair: Jean-Louis Giovannoli

Perio Master Clinic 2017, Valletta, Malta
Peri-implantitis: from aetiology to treatment
Chair: Korkud Demirel

Perio Master Clinic 2018, Hong Kong
Peri-implantitis: prevention and treatment of soft- and hard-tissue defects
Chairs: Maurizio Tonetti and Stanley Lai

Perio Master Clinic 2020, Dublin
Hard- and soft-tissue aesthetic reconstructions around teeth and implants – current and future challenges
Chair: Declan Corcoran
Perio Workshop is the annual scientific meeting of leading European and global experts in periodontal science, aimed at encouraging the exchange and spread of research-based knowledge through discussion and consensus on emerging issues of major relevance to the periodontal community. A special open-access monographic supplement of the Journal of Clinical Periodontology publishes Perio Workshop’s outcomes.

Held since 1993, Perio Workshop (formerly known as the European Workshop in Periodontology) has been successfully led by Niklaus Lang, until 2008; then by Mariano Sanz; and from 2020, by David Herrera. The workshops of 2012 and 2017 were jointly organised by the EFP and the American Academy of Periodontology (AAP).
Made up of 37 national societies of periodontology, the EFP is one of the world’s most dynamic scientific organisations in dentistry and a key generator of knowledge and the dissemination of science in the field of periodontology and implantology. Our affiliated societies come from: North America, South America, Europe, Africa, Asia, and Oceania.
<table>
<thead>
<tr>
<th>National Scientific Societies</th>
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<tbody>
<tr>
<td><strong>Argentina</strong> Society of Periodontology (SAP)</td>
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<tr>
<td><strong>Brazil</strong> Brazilian Society of Periodontology (Sobrape)</td>
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<tr>
<td><strong>Dutch</strong> Society of Periodontology (NVvP)</td>
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<tr>
<td><strong>Hellenic</strong> Society of Periodontology (Ελληνική Περιοδοντολογική Εταιρεία)</td>
</tr>
<tr>
<td><strong>Norwegian</strong> Society of Periodontology and Implantology (NPF)</td>
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<tr>
<td><strong>Serbian</strong> Society of Periodontology (SSP - Udruženje Parodontologa Srbije)</td>
</tr>
<tr>
<td><strong>Ukrainian</strong> Society of Periodontology (Українська Асоціація парадонтологів)</td>
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</table>
Executive committee - a new leadership with a new vision

Dear colleague,

The year ahead is full of exciting challenges and opportunities for periodontology and for the EFP. If I would attempt to define the federation with three words, I would most probably do so by saying: global, young, and wise.

Firstly, I would like to highlight the worldwide success of the EFP, which has become the global benchmark in periodontology and implant dentistry. Indeed, the attendance at our EuroPerio and Perio Master Clinic events is remarkably global. The reach of the new classification of periodontal diseases, Perio Workshop, and our Gum Health Day is global too, and so are our social-media followers and the scientific organisations with which we partner. That is why we are developing an ambitious strategy of internationalisation - we are becoming global and we are proud of it.

Our language is also changing, as our tone of voice needs to embrace all generations of dentists that are turning their heads towards us. My attention, in particular, is devoted to the younger members of the periodontal community. Let us not forget the success of EuroPerio9, an unmissable event in global dentistry, with most participants aged 40 and under. Since joining the EFP’s executive committee three years ago, I have led initiatives such as the launch of the EFP app, the social-media task force, and EFP Alumni that have helped us reach out to our younger colleagues. And creating structures for the future is essential if we are to transmit the vision of the EFP.

Our federation will reach the age of 30 in 2021: we are young, yet now wise and mature. I am proud to be the first EFP-accredited specialist who has become EFP president, an anecdote that captures well how quickly and successfully the EFP has evolved. We are now witnessing a fascinating time when periodontology is receiving growing attention from the medical world and the public at large. As a result of the work that we do every day, there has indeed been a shift in the social perception of periodontitis. Policymakers, journalists, and health institutions have started to embrace the message that the mouth is not just about teeth and that gum diseases may harm our overall health and quality of life.
Committees - building on the guidelines set by the general assembly

SMALL STEPS, BIG PROGRESS

The EFP committees harness the skills and energies of our organisation in specific areas such as education, communications, events, and outreach projects. These committees are made up of distinguished periodontists who volunteer to devote their knowledge, time, and vision to a better EFP and a better periodontal science and practice. Our perspective is the EFP’s strategic vision: ‘Periodontal health for a better life.’
Thanks to the solid and all-important support of its sponsors, the EFP is able to carry out its work in serving the development of periodontology and the promotion of health. Dentaid, Oral-B, Sunstar, Johnson & Johnson, Colgate, Geistlich, GSK, and Straumann are the EFP’s partners. In addition, the EFP also collaborates actively on specific projects with other sponsors and exhibits, notably in the framework of EuroPerio.

The transparent collaboration between businesses and an informative non-profit-making scientific entity is a great asset for strengthening the links between science and commercial development, which greatly benefits professionals in periodontology, dentistry, and oral hygiene, as well as the general interest of the public.

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Institutional brochure: this is the EFP

Periodontal health for a better life