Periodontal treatment for people with diabetes

Periodontitis and diabetes mellitus, a two-way relationship

What happens when you have periodontitis and diabetes mellitus at the same time

- Periodontal treatment results in a reduction in HbA1c levels of about 0.40%
- HbA1c informs about periodontitis affecting blood-sugar control
- Each disease detrimentally affects the other

Complications of diabetes

- Stroke
- Angina
- Cardiovascular complications
- Kidney failure and nephropathy
- Peripheral neuropathy

Influence of blood-sugar

- Increased risk
- Diabetes mellitus increases prevalence, progression, and severity of periodontitis
- Periodontitis influences blood-sugar control in diabetes mellitus

Periodontal treatment in people with diabetes

Pathways of communication

- Inform about the detrimental effects of both diseases
- Report medical history to dental professionals
- Visit your dentist regularly
- Visit your doctor regularly
- Take care of your gums, control diabetes

Visit our site: perioanddiabetes.efp.org

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The European Federation of Periodontology