# Postgraduate Program Periodontology, Faculty of Dentistry, University of Oslo, Norway

## About the faculty

This full-time 3-year program enables students to achieve an advanced level of knowledge, competence, and skills in Periodontology and Implant Dentistry. The Oslo postgraduate program was accredited by the European Federation of Periodontology (EFP) in 2023. The program accepts two postgraduate students each year, having a total of six postgrads. The program is full-time from Monday to Friday, starting in mid-August and ending in mid-June each year.



#### **Theoretical component**

Literature seminars are arranged weekly. The supervisors select ten papers on a specific topic. In preparation of the seminars, a summary of the assigned literature is made by the postgraduate students, comprising highlights from the papers and evaluation of the quality of the content. Twice each semester a written test with questions from the most recent seminars are held.

The Faculty of Dentistry in Oslo arrange a series of seminars and courses mandatory for all post- graduate students (Faculty courses and *Core Curriculum*) and in addition interdisciplinary lectures and seminars are held. Weekly seminars with lectures by the postgraduate students, for the postgraduate students are held. These seminars are interdisciplinary and covers themes decided by the departments involved (periodontology, prosthodontics, endodontics and oral surgery/oral medicine). In addition, a monthly lecture

on implant-related topics are held by the postgraduate students in periodontology together with students from the oral surgery-, prosthodontic- and radiological department,

### **Clinical component**

Clinical practice is managed in the specialist clinic where the post-graduate students perform non-surgical as well as surgical therapies. The surgical therapies include access surgery, osseous surgery, muco-gingival procedures, crown lengthening, reconstructive procedures and implant surgery. The patients are referred from external clinics, from undergraduate students at the institute or from postgraduate students at other departments to be treated interdisciplinary. Interdisciplinary care is a core feature of the program and students interact in close co-operation with the postgraduate students in the other disciplines.

Clinical instructors supervise all treatment. Twice weekly case presentations and plenum discussions are held to plan treatment strategies and assess the treatment performed.

Practical Workshops are arranged by the staff of the department for pre-clinical training and exercise.

A part of the clinical training is also to take part in undergraduate teaching activities, especially to assist and help the undergraduate students in performing periodontal examination, treatment and surgery.

#### **Research component**

During the 3-year course, each student carry out a research project. The students are requested to develop the research protocol together with a research tutor assigned by the faculty. The project should be either in basic sciences related to periodontology or a clinical research project. The results of the project will be presented as a written report amenable for publication in a peer reviewed international journal, and the project will be part of the final examination. In addition, the project is to be presented as an oral presentation in a separate interdisciplinary event together with all the other post-graduate candidate finishing their training.

The Program Director is Dr. Odd Carsten Koldsland and Co-Director Dr. Anders Verket, both full-time dedicated to the Faculty of Dentistry, University of Oslo. Other members of the staff include; Dr. Caspar Wohlfahrt, Professor Mariano Sanz, Heidi Andersen, Ingeborg Kolseth, Jørgen Hugo, Ida Stødle and Kristin Rustand. In addition, other specialists in periodontology take part in clinical- and theoretical training on an irregular basis.

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