

## “Periodontology for All” New EFP President reaches out to dentistry worldwide

New EFP President, Phoebus Madianos aims to boost links with national periodontal societies and the wider international dental sector. Confident that periodontology will be officially acknowledged as a **medical specialty** in all EU member states, he also wants greater involvement for young periodontists.

Energy and optimism infuse Madianos' answers to his first interview questions – read full interview [here](#).

**What should EFP members expect from the Federation during and after your presidency?**

We need to boost the enormous human capital to be found within the 29 scientific societies that form the EFP, involving professionals with accredited careers, the great quantity of female periodontists, and young professionals. Their fresher and more current vision is strengthening



Phoebus Madianos.

the development of periodontology right now. We are working in a Federation that belongs to everyone and which is for everyone. “**Periodontology for all**” could be our mantra.

The implementation of our Strategic Plan and the **Periodontal Health for a Better Life** campaign will give us an incredible boost.

## European Periodontology Day a boost for Perio awareness



May 12 saw success at national level for a pilot run of a European Periodontology Day, an **awareness event** that national perio societies can use to engage the media for promotion of oral health. Following keen press interest when the Spanish Society of Periodontology this year involved top consultants from **diabetes and cardiovascular societies**, the event will be staged in more EFP territories in **2015** with the aim of making it Europe-wide in coming years.

## JCP Digest – bite-sized perio research for clinicians

Clinicians who prefer to read research papers painlessly have responded warmly to the EFP's new digest of key research from the prestigious **Journal of Clinical Periodontology**. For every monthly issue of the journal, one highly relevant study is now boiled down to a tight summary by rapporteurs under expert supervision and presented online as a downloadable pdf file. There have been over 2000 downloads of the first first four JCP Digests, the first - Extraction Sockets - registering nearly 1000 downloads alone.

“I believe this is a project which really does reach out to many members,” said EFP General Secretary Prof. Stefan Renvert. Get all Digests [here](#).



## EuroPerio8 LONDON 2015 - All systems go!



Some eight months remain until what will be the EFP's biggest ever EuroPerio conference: London, June 3 – 6,

2015. Registration and abstract submission begins on September 22, and a scientific programme –[overview](#)– has been designed to bring 100+ international speakers for presentations aimed at offering something for everyone, generalists and specialists alike. Organisers, in association with the British Society of Periodontology, hope to see more than 10,000 at the event.

In addition, there is a [special networking programme](#). And, for everything that a conference in London can possibly mean, including speakers' preferences in London sights and British music, please do follow our blog **Perio People – The Official Blog of EuroPerio8**.

## First ever EFP Master Clinic triumphs in Paris



“**Peri-implant Plastic and Reconstructive Surgery**” was the focus of the EFP's 1st Master Clinic, which brought more than 500 delegates to Paris in February.

See videos about the scientific content [here](#), and interviews with speakers and session chairmen [here](#).

The event was organised in co-operation with the French Society of Periodontology under the guidance of Master Clinic President Jean Louis Giovannoli. To avoid any conflicts of interest, no industry financial support was involved.

Photo shows session chairman Dr. Joerg Meyle (Germany).

## INSTITUTIONAL

## General Assembly sets big agenda for EFP future

Brussels in March was the scene for setting up a bright and busy EFP future as national society presidents and delegates met EFP Executive Committee members, thanking one EFP President, Michèle Reners, for her year's work, and welcoming another, Phoebus Madianos.

Among the key decisions announced was that RAI, Amsterdam will be the venue for EuroPerio9 in 2018. New treasurer Joerg Meyle explained that in 2014, the EFP's budgetary focus will be on developing two key projects, EU specialty recognition, and Communications. The first objective means the EFP Strategic Executive working closely with national societies to combat any obstacles in the way of Perio achieving EU recognition. In Communications, Chairman of the External Affairs Committee, Edwin Winkel, presented the EFP Brand and Communication Strategy 2014-2016, and the meeting stressed the need for each society to name a Communications Manager.



Outgoing president Michèle Reners hosted the GA meeting in Brussels.

EFP commitment to under- and postgraduate education was underlined with the announcement of a postgraduate symposium to take place in Madrid on September 18 and 19, 2015. Dr. Moshe Goldstein is now Chairman of the Postgraduate Education Committee. The meeting digested a final report on the successful Paris Master Clinic, and an outline of the coming European Workshop on Prevention.

## National Societies key to EU recognising Perio as a specialty



Prof. Nairn Wilson.

Easier mobility for periodontists in Europe will be just one of the many benefits of EU recognition of Perio as a specialty, and the EFP's campaign to achieve this

is on track and building momentum.

But national societies have a key role to play within their EU states in making sure governments do not oppose recognition.

"The EFP, in many instances, relies on its national societies to brief, educate and convince national policy makers to achieve automatic recognition at the European level," insists Prof. Nairn Wilson, EFP Strategic Planning Executive leading this pan-European advocacy campaign.

Prof. Nairn Wilson revealed that work is advancing with a crucial meeting this September with the German Society of Periodontology, and it is hoped this EFP national member, so influential in EU machinery, will add its weight to the several countries already on board, which include Romania, Sweden, Portugal, Spain, and the UK.

Putting Perio on the same level as orthodontics or oral surgery would lessen bureaucracy for professionals, boost exchange of knowledge, increase graduate applications, aid training, and increase access for patients, among other benefits.

But while the profession is legally entitled to claim recognition, the European Commission will enact legislation only if there is "political will and explicit support from EU member states," Prof. Wilson points out.

"EU recognition is an important step for the specialty as it means that we will finally be on an equal footing with other specialties. Secondly, it will ease the professional mobility of periodontologists across 12 EU countries, which already recognise this specialty", stated Prof. Wilson.

"I would like to thank all national delegates who have already contributed to our advocacy campaign and encourage the others to contact me and see how we can work together," he added.

## EFP awards for top contributions

The EFP GA meeting in Brussels on 22 March saw recognition awards presented by then EFP President Michèle Reners to:

**Ubele van der Velden - EFP Eminence in Periodontology;**

**Niklaus Lang - EFP Distinguished Scientist;**

**Jean Louis Giovannoli - Distinguished Scientist.**

Michèle Reners herself won the **EFP Board Service Award** for her valuable work on the Executive Committee. Joanna Kamma co-ordinated the design, art, and production of pins and certificates awarded.

## EFP Graduate Research Prize 2013

**1st Prize:** Anti-infective therapy of peri-implantitis with adjunctive local drug delivery or photodynamic therapy: six month outcomes of a prospective randomized clinical trial by D. Schär, C.A. Ramseier, S. Eick, N.B. Arweiler, A. Sculean and G.E. Salvi and published in *Clinical Oral Implants Research* 2013 Jan;24(1):104-10.

**2nd:** A Systematic review on the effects of local antimicrobials as adjuncts to subgingival debridement, compared with subgingival debridement alone, in the treatment of chronic periodontitis by P. Matesanz Perez, M. Garcia Gargallo, E. Figuero, A. Bascones Martinez, M. Sanz and D. Herrera and published in *Journal of Clinical Periodontology* 2013; Mar;40 (3):227-41.

**3rd:** Absorbable collagen membranes for periodontal regeneration: a systemic review by C. Stoecklin Wasmer, A.W.S. Rutjes, B.R. da Costa, G.E. Salvi, P. Jüni and A. Sculean and published in *Journal of Dental Research* 2013 Sep; 92 (9):773-81.

Korkud Demirel, Chairman of the Jury consisting of Noel Claffey, Sören Jepsen and Richard Palmer, reported that 6 excellent papers were submitted in 2013 for the EFP Graduate Research Prize. The Jury followed evaluation criteria set up by Ubele van der Velden, Chairman of the PEC committee.

## EUROPERIO

## An Olympic venue for EuroPerio8

Topping the EFP's successful EuroPerio7 event in Vienna in 2012 is most definitely the aim of the organisers of this 8th European periodontology conference, and they are banking on London, just recently the home of the 2012 Summer Olympics, to draw over 10,000 delegates for a scientific and professional event of the highest order.

In addition to the charms of London, the world's financial capital and a feast for all the senses, the chosen venue for a programme of essential updates for everyone involved in Perio is ExCel, the UK capital's only International Convention Centre. Huge and flexible, it boasts the spaces, style, and technology for perfect networking experiences around very impressive halls, meeting and function rooms. It was used for several sports during those recent Olympic Games, and is surrounded by infrastructure which satisfies all hotel and transport needs.

While this means great links to



London's attractions, EuroPerio8 itself offers more than enough to keep delegates glued to the programme from June 3-6, 2015. Research, surgery, treatment, innovations, regeneration, implants, protocols, systemic implications, bioengineering, patient perspectives... Get ready for the opening of registration on September 22.

## Perio People – EuroPerio8 reaches out with its own blog

What do EuroPerio8 speakers

think clinicians will learn from their presentations? Find out what Perio experts like about London, and what British music they recommend (and how different their tips are to those of young dental professionals and students attending EP8).

These are just some of the flavours you will find on **Perio People: the official blog of EuroPerio8**. While the key texts of this informed blog will focus on the scientific and networking aspects of the conference, from October 2014 until doors open on June 3, 2015 the EFP will blog on ways to get the most from the conference and from London, highlighting the city's cultural heritage, including the UK's rich musical history. Perio People playlists will provide a treasure of sounds to listen to. And we shall keep you in touch with Europerio news through Facebook and Twitter. Follow, like, tweet, and comment and make EuroPerio8 more massive.



## WORKSHOP

## Next Euro Workshop spotlights PREVENTION

Some 70 international academics, most of them from Europe, will once again gather in the crisp early winter air of the Spanish mountains for an EFP European Workshop in Periodontology. The 11th such event takes place in La Granja de San Ildefonso from November 9-12, sponsored by Johnson & Johnson, and Procter and Gamble. It will focus on "Effective Prevention of Periodontal and Peri-implant diseases".

Four working groups of top experts will elaborate background evidence-based reviews and consensus reports in search of the best methods and outcomes for preventing periodontal and peri-implant diseases. Topics will include treatment of gingivitis and peri-implant mucositis as primary preventive strategies, treatment of halitosis, and complications in oral preventive strategies.

These now annual Workshops have helped put the EFP at the forefront in periodontal research. Wide international distribution of their conclusions is

## 2012 9th Workshop - systemic links



The first ever forum to bring together researchers from the **American Academy of Periodontology (AAP)** and the **EFP** to review evidence linking Periodontitis and Systemic Diseases. Colgate sponsored the gathering. The conclusions of the working groups involved were published in an open supplement of the Journal of Clinical Periodontology [here](#).

achieved principally through the EFP's prestigious Journal of Clinical Periodontology.

## EFP and OF all smiles for 10th Workshop



Working Group Chairs: Drs. Christoph Hammerle, Mariano Sanz, Soren Jepsen, & Maurizio Tonetti.

With sponsorship from the biomaterials firm, Geistlich Pharma, the EFP organized the **10th Workshop** jointly with Osteology Foundation to focus on "Periodontal Plastic Surgery and Soft Tissue Regeneration". The full conclusions of an event that underlined the importance of cosmetic dentistry and the smile of the patient are printed [here](#).

## JOURNAL

## JCP Digest draws on global university expertise

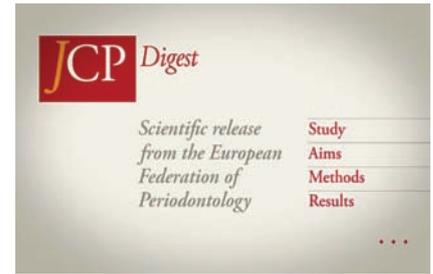
The EFP's recently launched project bringing abbreviated **cutting-edge research** to clinicians relies on careful co-ordination between scientific publishing and top dental academia. Each **JCP Digest** is selected as relevant research from the extensive international papers published in the Journal of Clinical Periodontology before being summarised by a team of rapporteurs from post-graduate periodontology courses at leading universities and academies. Digests for the first six months of 2014 owe their conciseness and accuracy to teams led by the following experts at the following

centres:

- **January.** The Hebrew University Hadassah Medical School – **Moshe Goldstein.**
- **February.** Academic Centre for Dentistry Amsterdam – **Ubele van der Velden.**
- **March.** Complutense University, Madrid – **Mariano Sanz.**
- **April.** University of Bern – **Giovanni Salvi.**
- **May.** University of Strasbourg – **Henri Tenenbaum.**
- **June.** Catholic University Leuven – **Marc Quirynen/Wim Teughel.**

The research itself from January to June was drawn from a truly international pool: South Korea; USA; Sweden; Italy; Japan; Singapore.

Digests for the second half of 2014 will come from the University of Paris, the University of Dublin, the Rambam

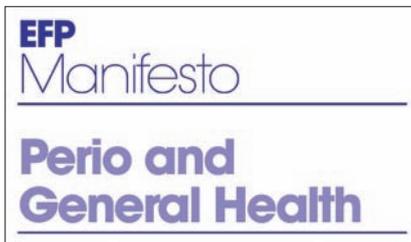


Medical Centre in Israel, the Sahlgrenska Academy in Sweden, the Yeditepe University in Turkey, and the UCL Eastman Dental Institute in London.

The JCP Digest is co-ordinated centrally by Dr. Iain Chapple with the co-operation of the editor-in-chief of the JCP, Prof. Maurizio Tonetti, under the umbrella of the Executive Affairs Committee.

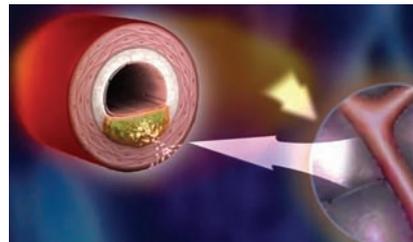
## PERIO FOR A BETTER LIFE

## EFP MANIFESTO - Calling all health professionals



It's easy to **sign** and it should be welcome reading for health and related professionals who accept the evidence linking **Perio and General Health** and see what this means for society. This EFP MANIFESTO calls upon all dental and health professionals to act in the prevention, early diagnosis, and effective treatment of periodontal disease to combat the devastating oral and general health effects for the individual and society. Support this Manifesto and help boost Periodontal Health for a Better Life.

## EFP videos show Perio is general health



By September 2014, EFP videos on the connections between periodontal disease and systemic conditions had topped 11,000 YouTube hits. Since the **first video** was posted in April 2013, interest on a daily basis in this information has held steady, boosted by further short films on the key associations involving **Diabetes** and **Cardiovascular disease**. All of these films form part of the Federation's ongoing public and professional awareness campaign "Periodontal Health for a Better Life". Please contact the EFP if you wish to use any of these videos for educational purposes.

## EFP aims to help EU on chronic diseases



CHRODIS is a major joint health action within the EU and the EFP has applied to collaborate in this project. The Federation is currently awaiting the outcome of the decision-making procedure before it can add its knowledge and resources to formally help in preventing the chronic diseases – cancer, stroke, diabetes, cardiovascular disease among them – which affect 80% of over-65s in Europe and absorb 70% to 80% of healthcare budgets across EU states.

### Full Member Societies

Austrian Society of Periodontology

Belgian Society of Periodontology

British Society of Periodontology

Croatian Society of Periodontology

Czech Society of Periodontology

Danish Society of Periodontology

Dutch Society of Periodontology

Finnish Society of Periodontology

French Society of Periodontology and Oral Implantology

German Society of Periodontology

Hellenic Society of Periodontology

Hungarian Society of Periodontology

Irish Society of Periodontology

Israeli Society of Periodontology and Osseointegration

Italian Society of Periodontology and Implantology

Norwegian Society of Periodontology

Polish Society of Periodontology

Portuguese Society of Periodontology and Implantology

Serbian Society of Periodontology

Slovenian Society of Periodontology

Spanish Society of Periodontology and Osseointegration

Swedish Society of Periodontology

Swiss Society of Periodontology

Turkish Society of Periodontology

Associate Member Societies

Lithuanian Association of Periodontology

Moroccan Society of Periodontology and Implantology

Romanian Society of Periodontology

Russian Society of Periodontology

Ukrainian Society of Periodontists