



**Perio
Master
Clínic**
An EFP initiative

MAY 5-6, 2023
LEÓN, MEXICO

TOURIST GUIDE

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Gastronomic Recommendations



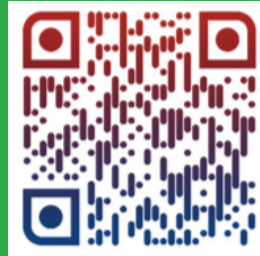
UNA CIUDAD VIVA Y VIBRANTE.

In Leon, as in all of Mexico, we are proud of our gastronomic identity and we are always looking for places with the best identity to make all Mexicans feel at home wherever we go. We are also hospitable by nature and that is why we see in our gastronomy a clear example of the human quality we have, in order to give a comfortable welcome to our visitors



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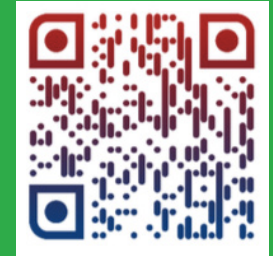




AGAVES PREMIUM

Located in the important "Casa de Piedra" restaurant complex, Agaves Premium is one of the best options for a delicious weekend afternoon with the family or an important business meal. The dishes that stand out here are for their Mexican flavors, in them the traditional Mexican cuisine is rescued and also fuse elements and techniques from around the world.

**Av Cerro Gordo 270 Int. 5 Between Blvd.
Casa de Piedra y Jacarandas Colonia,
Valle del Campestre, 37120 Leon, Gto. | 477 763 0095**



LA ESMERALDA DEL BAJÍO

Located on the second floor of the emblematic Ramada Hotel in the historic downtown area of the city of Leon, we find this gastronomic jewel with a 100% Mexican identity that highlights the flavors, traditions and warmth that only the best of Mexico can offer. flavors and traditions and warmth that only Mexican gastronomy can transmit. From the moment you arrive you will be amazed by the incredible view of the "Plaza de los Mártires", or better known as the main garden of the city. We recommend you to ask for the table closest to the terrace to be able to appreciate the view of the day-to-day life of the people from Leon.

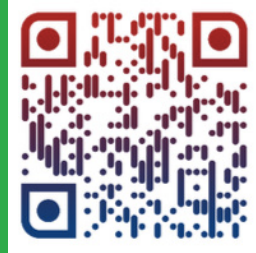
**Ramada Plaza by Wyndham Leon, Portal bravo #14-1st Floor
Historic Downtown 37000 Leon, Gto. | 477 694 2143**



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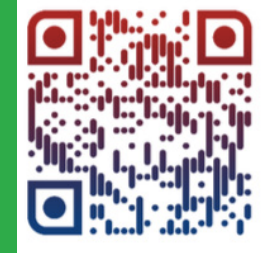
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CAFÉ BAR 500 NOCHES

If you are looking for a relaxed evening with good wine, music and excellent food you cannot miss this incredible concept, with bohemian style and tranquility you will enjoy the wide variety of dishes that it has for you. Revive the musical tributes offered to the most acclaimed singer-songwriters of the time.

Av. Paseo del Moral #1030 Local 14A,
Villas del Juncal, 37180 Leon, Gto. | 477 779 4763



PEPERONATA

With its most recent location in the northern part of the city and a few steps from the main shopping areas of the city, is "Peperonata" with its latest gastronomic proposal with Italian identity. In this establishment we will be able to taste a number of endemic dishes, in addition to its variety of wines that pair perfectly with the flavors of Tuscany.

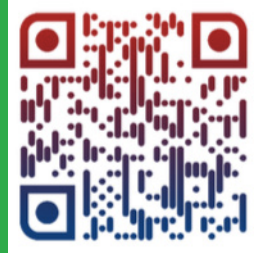
Blvd. Campestre 1101, Valle del Campestre, 37150 Leon, Gto. | 477 195 3304



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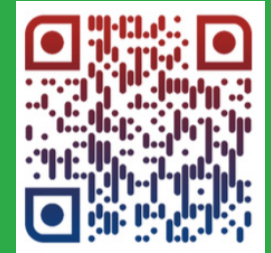
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L'OSTERIA DE IL DUOMO

Located inside the renowned "Plaza Mayor", emblematic commercial center of the city of Leon, is this gastronomic proposal of Italian identity. With a variety of branches and opening its first doors in October 2015, in Leon we can finally enjoy this concept that has caught the attention of so many. Here you can enjoy a variety of dishes and splendid wines, the service and attention to the customers and guests distinguish by always being present from the moment you arrive.

**Blvd. Juan Alonso de Torres #2002 Local ZM
2600, Valle del Campestre, 37150 Leon, Gto. | 477 102 7425**



CAMPO MAR

With its origins in Ixtlán del Río, Nayarit, since 1979 Campo Mar has had the vision of opening its cuisine to the world and within this great journey León has become one more of its banners to achieve it. To speak of Campo Mar is to speak of excellent food and service of the highest quality, from your arrival you will notice the detail and passion in its decoration, and at the table you will have complimentary water and a variety of entrees, the dishes become very generous and of excellent taste, ideal for sharing..

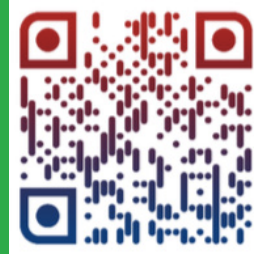
**AV. Juan Alonso de Torres #2002- 109, Col. Valle del Campestre, Plaza Mayor.
477 102 74 40**



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LA COCINOTECA

From renowned chef Juan Emilio Villaseñor, "La Cocinoteca" with its concept of Mexican haute cuisine, is a must stop in the city of Leon. This restaurant is part of the Mexico Gastronomic guide as one of the 10 best restaurants in Mexico. If what you are looking for is to taste the gastronomy of Leon and Guanajuato in all its splendor, this place will be the shortest and tastiest trip you have ever taken.

**Av. Cerro Gordo 270, Casa de Piedra 37120 Leon, Gto.
477 274 8137**



LA CASONA DEL ARCO

Near the emblematic Arco de la Calzada, a historical and representative monument of the city of Leon, is located the Casona del Arco, an establishment where Mexican culture and Guanajuato's gastronomy merge. From your entrance you will be able to observe very comfortable and relaxed spaces to enjoy a pleasant meal or a romantic dinner with live music. In addition to its extraordinary atmosphere, it has emblematic cocktails, inside it, the style of the times of the prohibition of the 20s in the USA, can be found in its secret bar called Amendment 21, we challenge you to find it and live the experience.

Calle Progreso 110, Centro, 37000 Leon, Gto. | 477 390 9456



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Sites of Interest



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LEON ZOO

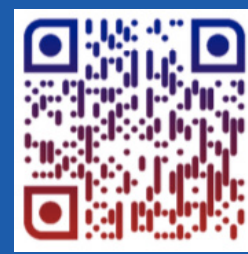
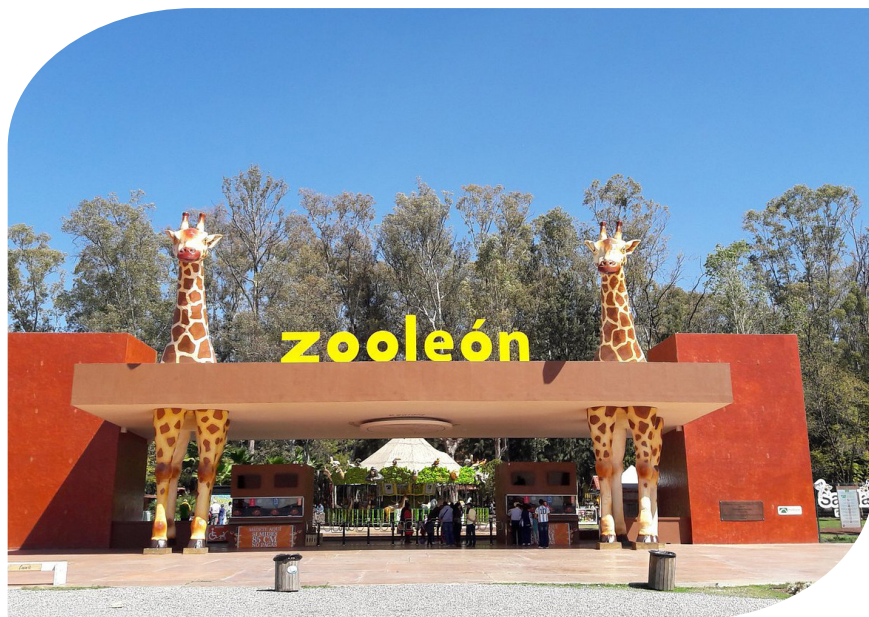
With 1345 specimens of 227 different species, the Leon Zoo has endless activities for the whole family, among which are: Safari; unique attraction in the region, where visitors can appreciate, through a tour in special vehicles, animals of the African savannah in semi freedom.

Educational Department; dedicated to the dissemination of education and conservation inside and outside the park.

Reptile Zoone; Area in which you will find a particular and fascinating faunal collection of reptiles and saurian.

Mithos Zoone; Space that aims to demystify those animals that cause you fear, anxiety, phobia and stress... dare to tour "Zoon Mito".

Hours: Tuesday through Sunday 09:00 to 17:00 hrs. **Address:** Camino a Ibarra km 6, 37207 Leon Guanajuato **Phone:** 477 210-2335



METROPOLITAN PARK OF LEON

Natural Protected Area of 362 hectares which are denominated with 85% of the dam, which favors the flourishing of animal and plant life, more than 204 species of migratory and resident birds that in conjunction with nature makes it the ideal place for those who like to do outdoor sports, invited by its two tracks of just over seven kilometers for runners and bicycles, which surround the dam with beautiful scenery.

Hours: Monday through Saturday 6:00 to 21:20 hrs, Sunday 6:00 to 20:00 hrs

Address: Prol. Blvd. Adolfo Lopez Mateos No. s / n Col. El Palote, Leon Guanajuato.

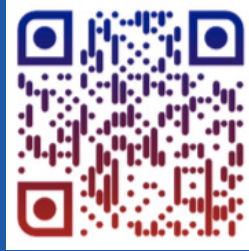
C.P. 37530 Phone: 477 7174410 / 11



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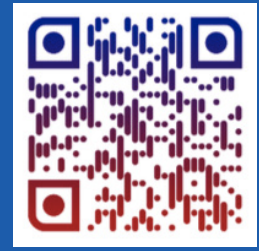
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SCIENCE CENTER EXPLORA

Explora transforms on your visit you will find it with an educational proposal, focused on creating agents of change for sustainability. It also adopts the new pedagogical paradigm that integrates technology as a tool to enhance relevant learning processes. The new Explora comes to life with a cutting-edge museography, with exhibits that merge analog and digital interfaces in five new rooms, a creative lab and an environmental science center. Located in Leon, Guanajuato, an important industrial and service center in the central region of Mexico.

Hours: Tuesday through Friday 09:00 to 18:00 hrs, Saturday and Sunday 10:00 to 19:00 hrs
Address: Blvd Francisco Villa 202, La Martinica, 37500 Leon, GTO
Phone: 477 711 6711



BAJÍO AQUARIUM

Inaugurated in August 2017, located in the Altacia Shopping Center with an area of more than 2,500 square meters in the city of Leon, Guanajuato. It has 10,000 specimens of more than 300 species including sharks, rays, jellyfish, reef fish, turtles, crocodiles, among many more; which can be appreciated throughout 11 exhibition areas with a life support system capable of filtering daily more than 22 million liters of water from the Gulf of Mexico. The Aquarium has a specialized area to supervise, feed, preserve and reproduce the species, staffed by biologists, veterinarians, aqua-culturists and engineers.

Hours: Monday through Friday 10:00 to 18:00 hrs, Saturday and Sunday 11:00 to 19:00 hrs
Address: Blvd. Airport 104, Cerrito de Jerez Nte., 37530 Leon, Gto.
Phone: 477 688 2355



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SHOPPING CENTRES



ALTACIA

Bld. Aeropuerto #104 Cerrito de Jerez Norte
Tel (477) 1676531



CENTRO MAX

Bld. Adolfo López Mateos Ote #2518 Jardines de Jerez
Tel (477) 7717361



FACTORY SHOPS OUTLET LEÓN

Bld. Aeropuerto #841 Predio Santa Anita.
Tel (477) 1676717



GALERÍA DEL ZAPATO

Bld. Adolfo López Mateos #2518 Jardines de Jerez
Tel (477) 7717401



OUTLET MULZA

Bld. Aeropuerto #843 Predio Santa Anita
Tel (477) 1675442



PLAZA GALERÍAS

Bld. Juan Alonso de Torres #1314 San José del Consuelo
Tel (477) 7764545



PLAZA MAYOR

Bld. Juan Alonso de Torres #2002 Valle del Campestre
Tel (477) 7734916



ZONA PIEL

Av. Hilario Medina S/N Col. Coecillo



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